

# HDL CHOLESTEROL - Precipitant

REF: 266 001	(1 X 50 ml)	100 test
<b>REF:</b> 266 002	(4 X 100 ml)	800 test
<b>REF:</b> 266 003	(2 X 50 ml)	200 test
<b>REF:</b> 266 004	(5 X 50 ml)	500 test

#### **Intended Use**

Spectrum Diagnostics HDL cholesterol reagent is intended for the in-vitro quantitative, diagnostic determination of HDL cholesterol in human serum , heparinized or EDTA plasma .

# Background

High density lipoprotein measurement, in conjunction with other lipid determination, has been shown to be useful in assessing the risk of coronary heart disease. HDL is responsible for carrying cholesterol back from preipheral cells to the liver, therefore the risk of coronary heart disease is lowered with increased levels of HDL. Usually, very low density lipoprotein (VLDL) and low density lipoprotein (LDL) are selectively precipitated from serum or plasma samples followed by determination of cholesterol in the HDL-containing supernatant.

#### Method

Precipitation Method .

#### **Assay Principle**

Low density lipoproteins (LDL) and very low density lipoproteins (VLDL) in sample precipitate with phosphotungstate and magnesium ions. After centrifugation, the cholesterol concentration in the HDL fraction, which remains in the supernatant, is determined.

Cholesterol	esters	+ H2	0	chol. esterase	+	Cholesterol	+	Fatty	acid

Cholesterol + 1\2 O2 + H2O Cholestenone + H2O2

2H2O + 4-Aminoantipyrine + phenol\_peroxidase Quinoneimine + 4H2O

#### Reagents

#### Reagent (R)

Phosphotungstate Magnesium chloride	mmol/L mmol/L

Reagents also contain non-reactive stabilizers and surfactants .

\* Supplementary reagents : A pack of Spectrum liquizyme cholesterol reagent is required

#### **Precautions and Warnings**

Do not ingest or inhalate. In case of contact with eyes or skin; rinse immediately with plenty of soap and water. In case of severe injuries; seek medical advice immediately.

#### **Reagent Preparation, Storage and Stability**

Spectrum HDL cholesterol reagent is supplied ready-to-use and stable up to the expiry date labeled on the bottles when properly stored at 2 - 8 °C . Once opened, the reagent is stable for 6 months at 2 - 8 °C if contamination is avoided.

#### SYMBOLS IN PRODUCT LABELLING

ECREP	Authorised Representative	A	Use by/Expiration Date
IVD	For in-vitro diagnostic use		CAUTION. Consult instructions
LOT	Batch Code/Lot number		for use
REF	Catalogue Number		Manufactured by
	Consult instructions for use Temperature Limitation		

#### Deterioration

Do not use The HDL cholesterol reagents if precipitate forms . Failure to recover control values within the assigned range may be an indication of reagent deterioration .

#### **Specimen Collection and Preservation**

### Serum or plasma

EDTA and Heparin may be used as anticoagulants.

Stability : 7 days	at 2 - 8 °C
4 days	at 20 - 25 °C

#### System Parameters

Reagent Blank Limits	Low	0.00 AU
-	Hiah	0.15 AU

#### Procedure

# 1 - Precipitation

Pipette into centrifuge tubes :				
Reagent	0.5 ml			
Specimen	0.2 ml			

Mix and incubate for 10 minutes at room temperature, then centrifuge for 10 minutes at 4000 rpm . Carefully collect the supernatant .

Stability : the supernatant may be stored up to five days at 2 - 8 °C.

#### 2 - Cholesterol - Liquizyme

#### Pipette into test tubes :

	Blank	Specimen	
Distilled water	50 μl		
Specimen supernatant		50 μl	
Cholesterol Reagent	1 ml	1 ml	

Mix and incubate for 10 minutes at 20 - 25 °C or 5 minutes at 37°C. Measure the absorbance of the specimen (A<sub>specimen</sub>) against reagent blank at 546 nm (500 - 550 nm) within 60 minutes.

### Calculation

HDL cholesterol conc. (mg/dL) =  $A_{sample} \times 570$ 

# To calculate LDL cholesterol in mg/dL

LDL =	Total Cholesterol	-	<u>Triglycerides</u> 5	-	HDL Cholesterol
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#### in mmol/L

LDL Cholesterol	=	Total Cholesterol	-	Triglycerides 2.2	-	HDL Cholesterol
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#### **Performance Characteristics**

# **Precision** Within run (Repeatability)

	Level 1	Level 2
n	20	20
Mean (mg/dL)	62.8	106.2
SD	3.46	4.29
CV%	5.51	4.04

Run to run (Reproducibility)

Level 1	Level 2
20	20
58.7	100.2
3.08	3.27
5.25	3.36
	20 58.7 3.08

### **Quality Control**

Normal and abnormal commercial control serum of known concentrations should be analyzed with each run.

### Sensitivity

When run as recommended, the minimum detection limit of the assay is 5 mg/dL (0.13 mmol/L).

# Linearity

The reaction is linear up to a cholesterol concentration of 750 mg/dl; specimens showing higher concentration should be diluted 1+1 using physiological saline and repeat the assay (result × 2).

# **Clinical Interpretation**

		Desirable	Standard Risk Level	Increased Risk Level
HDL Ch	nolesterol			
Female	s (mg/dL)	> 65	45 - 65	< 45
	(mmol/L)	>1.68	1.16 -1.68	<1.16
Males	(mg/dL)	> 55	35 - 55	< 35
	(mmol/L)	>1.42	0.90 -1.42	< 0.90
LDL Ch	olesterol			
	(mg/dL)	<150	150 - 190	> 190
	(mmol/L)	<3.38	3.88 - 4.91	> 4.91
Total C	holesterol			
	(mg/dL)	<200	200 - 300	>300
	(mmol/L)	<5.17	5.17 - 7.76	>7.76

Spectrum Diagnostics does not interpret the results of a clinical laboratory procedure; interpretation of the results is considered the responsibility of qualified medical personnel. All indications of clinical significance are supported by literature references.

# Waste Disposal

This product is made to be used in professional laboratories. Please consult local regulations for a correct waste disposal. **S56:** dispose of this material and its container at hazardous or

- special waste collection point. S57: use appropriate container to avoid environmental contamination.
- S61: avoid release in environment. refer to special instructions/safety data sheets.

# References

- 1. National Cholesterol Education Program Recommendation for National Cholesteriol Education Program Recommendation for Measurement of High-Density Lipoprotein Cholesterol: Executive Summary. Clin Chem. 1995;41:1427 - 1433.
  Friedewald, W.T. et al. Clin. Chem. 1972; 18: 499.
  Lopes- Virella, M.F. et al. Clin. Chem. 1977; 23: 882.

ORDERING INFORMATION			
CATALOG NO.	QUANTITY		
266 001 266 002 266 003 266 004	1 x 50 ml 4 x 100 ml 2 x 50 ml 5 x 50 ml		

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