**Intended Use**

Spectrum Diagnostics Cystatin C reagent is intended for quantitative turbidimetric determination of Cystatin C in human serum.

**Background**

Cystatin C is a non-glycosylated 13-kDa basic protein belonging to the cystatin super-family of cysteine proteinase inhibitors. Cystatin C is produced by virtually all nucleated cells, and is present in all investigated body fluids. The production rate is constant and unaffected by inflammatory processes, sex, age, diet and nutritional status. In the normal kidney, cystatin C is freely filtrated through the glomerular membrane of the nephron and then nearly completely reabsorbed and degraded by the proximal tubular cells. Therefore, the plasma concentration of cystatin C is almost exclusively determined by the GFR (glomerular filtration rate), making cystatin C an excellent indicator of GFR. At the same time cystatin C is becoming acknowledged as a marker of elevated risk of death from cardiovascular complications – myocardial infarction and stroke.

**Assay Principle**

This Cystatin C test is based upon the reactions between Cystatin C and latex-covalently bound antibodies against human Cystatin C. Cystatin C values are determined turbidimetrically using fixed-time measurement with sample blank correction. The relationship between absorbance and concentration permits a multipoint calibration with a measuring range between 0 and 10 mg/L. The measuring temperature is 37°C. The assay can be performed on all instruments allowing turbidimetric measurements at 500 to 600 nm.

**Reagent**

- **Buffer (R1)**
  - 30 mL of TRIS buffer, pH: 7.2, containing detergents, polyethylene glycol
  - Sodium azide 0.9 %

- **Latex Reagent (R2)**
  - 5.1 mL of Polystyrene particles (0.5%) coated with antibodies against human Cystatin C serum in a glycine buffer (0.1 M, pH: 8.2), containing NaCl (0.15 M) and bovine serum albumin (0.5%).
  - Sodium azide 0.075 %

- **Cystatin C Calibrators**
  - 6 x 1 mL calibrators with different concentrations:
  - Actual values are printed on the labels.

**Reagent Preparation, Storage and Stability**

Spectrum Cystatin C reagents are stable up to the expiry date labeled on the bottles when stored at 2 - 8°C and contaminations are prevented during their use.

Immediately following the completion of an assay run, the reagent vials should be capped until next use in order to maximize curve stability.

Once opened the reagent can be used within 1 month if stored tightly closed at 2 - 8°C after use.

**Deterioration**

Do not use the Spectrum Cystatin C reagents if presence of particles and turbidity.

Do not freeze; frozen Antibody or diluent could change the functionality of the test.

The Cystatin C latex reagent should have a white, turbid appearance free of granular particulate. Visible agglutination or precipitation may be a sign of deterioration, and the reagent should be discarded.

**Precautions**

For in vitro diagnostic use only. Do not pipette by mouth. Reagents containing sodium azide must be handled with precaution. Sodium azide can form explosive azides with lead and copper plumbing.

Since absence of infectious agents cannot be proven, all specimens and reagents obtained from human blood should always be handled with precaution using established good laboratory practices.

**Specimen Collection and Preparation**

- Fresh or deep frozen serum. Cystatin C remains stable for 12 days at 2 - 8°C. If the test should be performed later, it is recommended to freeze the serum. Avoid successive freezing and thawing. Discard haemolysed or contaminated samples.

**Procedure**

- **Wavelength**
  - 550 nm
- **Temperature**
  - 37°C
- **Cuvette**
  - 1 cm light path
- **Zero adjustment**
  - Distilled water

Bring the reagents at 37°C C and pipette:

<table>
<thead>
<tr>
<th>Calibrator</th>
<th>Sample</th>
</tr>
</thead>
<tbody>
<tr>
<td>Reagent (R1) 250 µl</td>
<td>250 µl</td>
</tr>
<tr>
<td>Reagent (R2) 50 µl</td>
<td>50 µl</td>
</tr>
</tbody>
</table>

Mix and incubate for 1 minute.

- **Calibrator**
  - 3 µl
- **Sample**
  - 3 µl

After addition of sample or calibrator record 1st reading (A1) immediately.

Incubate at 37°C and after 5 minutes record 2nd reading (A2)

**Calculation**

(using calibration curve)

Determine Δ absorbance of the sample and each calibrator as following:

Δ absorbance of sample = (A2 - A1) sample
Δ absorbance of each calibrator = (A2 - A1) for each calibrator

Plot the calibration curve and obtain the result.

(using single point)

Cystatin C concentration can be determined using single point calibration (Calibrator No.2).

\[
\frac{(A2 - A1)_{sample}}{(A2 - A1)_{calibrator}} \times \text{Calibrator concentration} = \text{mg/L Cystatin C}
\]

- If the sample result is abnormal value, we recommend repeating the test using calibrator No.6 for more precision.

**Note:** Adaptation sheets for several auto-analyzers are available upon request.

- The Turbidimetric analyzers automatically calculate the Cystatin C concentration of each sample.

Conversion: mg/L = µg/ml.
Calibration and Quality Control

The calibration curve is stored in memory by the analyzer and recalled for later use. Calibration curves are stable for up to 14 days, after which a new curve must be generated. Additionally, recalibration must be performed whenever reagent lots are changed.

For quality control use Spectrum-Diagnostics Control or other suitable control material. The control intervals and limits must be adapted to the individual laboratory requirements. Values obtained should fall within established limits. Each laboratory should establish corrective measures to be taken if values fall outside the limits. Control must be assayed and evaluated as for patient samples.

Expected Values

Normal values are between 0.59 - 1.03 mg/L. Each laboratory should establish its own reference range.

Sensitivity

When run as recommended, the minimum detection limit of the assay is 0.05 mg/L.

Linearity

Up to 10 mg/L, specimens showing higher concentration should be diluted using physiological saline and repeat the assay. Multiply the result by the appropriate factor.

Interfering Substances:

Haemoglobin: up to 5 g/L
Bilirubin: up to 18 mg/dL

Dynamic Range

0 - 10 mg/L

Waste Disposal

This product is made to be used in professional laboratories. Please consult local regulations for a correct waste disposal.

References